

## **Basics**



The recommended dose of 12 g of powder dissolved in 180 mL of still water contains:

DL-alpha-tocopherol acetate 28.8 mg (Vitamin E 10 mg  $\alpha$ -TE)

Lactobacillus acidophilus 25.2 mg High selenium yeast 13.7 mg

Equivalents selenium: 30 microgram Ascorbic acid (Vitamin C) 21.6 mg

Malpighia glabra L. 168 mg (fruit extract dry concentrate)

Equivalents: ascorbic acid (Vitamin C) 42 mg

Vitis Vinifera 0.9 mg (seed, dry extract concentrate derived from Vitis Vinifera seed fresh 13.5 mg)

Lactobacillus reuteri 25.2 mg

Thiamine hydrochloride 1.3 mg Thiamine (Vitamin B<sub>1</sub>) 1 mg

Riboflavin (B<sub>2</sub>) 1.0 mg Betacarotene 1.9 mg

Equivalent to 333 microgram retinol equivalents (Vitamin A).

CAUTION: Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children. For adults only, Vitamins can only be of assistance if the dietary vitamin intake is inadequate. The recommended daily amount of Vitamin A from all sources is 700 micrograms retired equivalents for women and 900 retinol equivalents for men. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Contains fructose.

Food supplement in powder form with vitamin B<sub>1</sub>, vitamin B<sub>2</sub>, vitamin C, vitamin E, provitamin A, the trace element selenium and dietary fibre. Flavour: orange.

With sugar and sweetener.

Sweetener: Steviol Glycosides from Stevia of vegetable origin.

When taken in excess of 3000 micrograms retinol equivalents- Vitamin A can cause birth defects. If you are pregnant- or considering becoming pregnant- do not take Vitamin A supplements without consulting your doctor or pharmacist.

PREPARATION: add 180 ml of still water to the content of this bag of powder (12 g).

DAILY RECOMMENDATION: 1 portion (1 sachet) per day.

Drink immediately after preparation.

30 sachets containing 12 g  $\bigcirc$  = 360 g

Excellent product quality according to international GMP standards.

Maintains selenium, Vitamin C and Vitamin E levels in the body.

Exclusively developed and manufactured for PM-International Group.



Manufactured for:
PM International AG
An der Hofweide 17, 67346 Speyer, Germany
Distributed by:

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Best before end and Lot No.: see white area and edge of each bag. Store below 25 °C in a cool dry place.

