RECOMMENDED USAGE: This product is intended for adults. Consume 1 to 2 servings per day or as directed by a healthcare professional. Not to exceed the stated recommended daily usage. **INSTRUCTIONS FOR USE:** Fill the measuring cup with liquid up to the mark (4.17 mL) and dissolve it in cold water.

Net Volume: 125 mL

equals approx. 30 portions each with 4.17 mL

Excellent product quality according to international GMP standards.

Country of origin: Germany

Imported & Marketed by: PM-International India Private Limited - 6th Floor, Suite No. 10 and 11, Apeejay Business Centre, Arunachal Building, Barakhamba Road, New Delhi -110 001, India. Email: contact@pm-international.co.in Telephone: +91-11-41 24 14 05 For complaints, contact consumer care manager at above address, telephone and Email.

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Lic. No. 10016011003369 Manufactured by Bio-Gen Milchserum Marketing GmbH 2-4, Gral-von-Zeppelin-Strale, 66410 Montabaur, Germany Manufactured for PM-International AG 15, Watstrooss, L-5445 Schengen, Luxembourg www.thile.com



Nutritional Information Approximate values	Serving size: 4.17 mL Number of servings: Approx. 30		
Nutrients	Amount per 100 mL	%RDA	
Energy	303.0 kcal	0.6 %	
Carbohydrate	94.0 g	-	
Total Sugars	0.0 g	-	
Added Sugars	0.0 g	0.0 %	
Protein	0.0 g	0.0 %	
Total Fat	8.6 g	0.5 %	k
Saturated Fat	1.5 g	0.3 %	i
MUFA	483.0 mg	-	
PUFA	4526.0 mg	-	
Omega 3 fatty acids	3024.0 mg	-	
Eicosapentaenoic Acid	25.0 mg		
Docosahexaenoic Acid	2999.0 mg		
Trans Fat	Not more than 0.01 g	0.0 %	
Cholesterol	0.0 mg	-	
Sodium	4.0 mg	0.0 %	

% Recommended Dietary Allowance (RDA) calculated per serve (4.17 mL) basis 2000 kcal diet for an average adult and ICMR RDA 2020 for adult women sedentary work. RDAs are within limit for adult men as well.
• RDA not established.



omega 3

NUTRACEUTICAL Orange flavoured nutraceutical in liquid form ${\rm FitLine^{\$}},$ ${\rm Me},$ microSolve^{\\$} and NTC^{\\$} are registered trademarks licensed under PM-International AG, Luxembourg.

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Exclusively developed and manufactured for PM-International Group.

CAUTION: Not to exceed the stated recommended daily usage. Product is not to be used as a substitute for a varied diet. The product is required to be stored out of nearbh of childran. The product is not intended to diagnose, treat, cure or prevent any disease. Please contact a medical practitioner before consumption. If you are pregrant, lactating or on any medication.

Storage Instructions: Store in a cool, dry and light protected place. Consume within 30 days of opening.

Lot No.: Date of Manufacture: Expiry: MRP Rs. 3730.00 (incl. of all taxes) (Rs. 29.84 per mL)

MADE IN GERM

PRODUCT QUALITY
 regularly independently
 TESTED by ELAB
 www.elab-analytik.de/om-international

INGREDIENTS: Humectant [INS 422], Water, Kelp (Brown algae) (5.2 %), Emulsifier [INS 322(ii), Sunflower Oil, Natural flavour (Orange), Antioxidants [Tocopherol, Ascorbyl palmitate], *Rosmarinus officinalis* (Rosemany) leaves extract (0.025%).

Contains soy.

Polyols may have laxative effect

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NOT FOR MEDICINAL USE