

**NUTRITION FACTS**Serving size: 7 g  
Serving per pack: 14

	Per serving	Per 100 g
Energy	64 kJ /16 kcal	910 kJ / 222 kcal
Carbohydrate	0.89 g	13 g
Total sugars	0.25 g	3.6 g
Protein	0.29 g	4.1 g
Fat	0.13 g	1.8 g
Sodium	20 mg	280 mg
Selenium	19 µg	275 µg
Zinc	3.5 mg	50 mg
Molybdenum	18 µg	250 µg
Choline	83 mg	1181 mg

**INGREDIENTS:** Pea fibre (24%), Thickener (Acacia gum, Guar gum, Pectin), Inulin (16g/100g), Nettle extract (5.7%), Broccoli powder (3.6%), Natural flavourings, Choline bitartrate, Acidity regulator (Citric acid), Artichoke powder (1.4%), Milk thistle extract (1.4%), Red ginseng extract (0.9%), Zinc gluconate, Sweetener (Steviol glycosides), Spirulina concentrate, Seaweed powder, Turmeric extract (0.29%), Wild garlic powder (0.22%), Selenium enriched yeast, Apple fibre, Sodium molybdate, Ginger extract (0.043%).