

**NUTRITION
FACTS**

 Serving size: 6.7 g
 Serving per pack: 30

| | Per serving | Per 100 g |
|--------------|-----------------|--------------------|
| Energy | 19 kcal / 83 kJ | 290 kcal / 1244 kJ |
| Carbohydrate | 3.1 g | 47 g |
| Total sugars | 3.1 g | 46 g |
| Protein | 0 g | 0.1 g |
| Fat | 0 g | 0.1 g |
| Sodium | 2.7 mg | 40 mg |
| Magnesium | 134 mg | 2000 mg |
| Calcium | 268 mg | 4000 mg |
| Iron | 2.1 mg | 31 mg |
| Zinc | 10 mg | 149 mg |
| Vitamin D | 7.5 µg | 112 µg |
| Copper | 670 µg | 10000 µg |
| Manganese | 1 mg | 15 mg |
| Selenium | 16.8 µg | 251 µg |

INGREDIENTS: Fructose, Acidity regulator (Citric acid, Calcium carbonate, Magnesium carbonate, Tri potassium citrate monohydrate), Calcium lactate, Flavours (1.6%), Tri magnesium citrate, Zinc gluconate, Sweetener (Steviol glycosides), Beetroot powder, Ferrous citrate, Manganese (II) gluconate, Beta-carotene, Copper (II) gluconate, Vitamin D, Chromium (III) picolinate, Sodium selenite.