Average Value	Vitamin C	Portion ortion = powder)	120 mg	% RDI	267
	Vitamin E	uily Portion I Portion = g powder)	18 mg α-TE	*	180
	Niacin	per Da (1 6.5	24 mg NE		150
	Vitamin B ₂	٦	2.1 mg		162
	Zinc		1.76 mg		13

¹ RDI (percent of the daily reference intake value (Adultsi)

The recommended dose of 6.5 g of powder dissolved in 150mL of still water contains:

Nicotinamide 24.0 mg. Zinc gluconate 13 mg (equivalent to 1.76 mg zinc), Riboflavin (Vitamin B₂) 2.1 mg, Biotin (Vitamin H) 75 micrograms, Ascorbic acid (Vitamin C) 124 mg, Copper gluconate 1.2 mg (equivalent to 176 micrograms copper), DL-alpha-tocopheryl acetate 27.0 mg (Vitamin E 18 mg α-TE).

Also contains

Acacia. Maltodextrin. Ascorbic acid Orange. Beetroot. Orvza sativa. Citric acid Pineapple. Citrus aurantium. Steviol glycosides Cola acuminata Vanilla planifolia.

Flavour. Ginger Powder. Hydrolysed collagen, Kiwi fruit.

Exclusively developed and manufactured for PM-International Group.

CAUTION: Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

Maintains zinc, copper and vitamin C, B, H and E levels in the body.



Food Supplement in powder form with vitamins and minerals. Flavour: Berries. With sweetener

Sweetener: Steviol Glycosides from Stevia of vegetable origin.

PREPARATION: Dissolve 1 heaped teaspoon (6.5g) in 150 mL of still water and drink immediately after preparation. DAILY RECOMMENDATION: Take 1 portion per day.

195 a C

equals 30 portions each with 6.5 g powder

Excellent product quality according to international GMP standards.

Best before end and Lot No.; see bottom of can. Store below 25°C and in a dry place.



PM International AG

PH: +61 2 9793 1170

Distributed by: PM-International Australia Pty Ltd

PRODUCT QUALITY
regularly independently
TESTED by
TÜV SÜD ELAB www.tuev-sued.de/elab/pm

Powder for oral liquid"