

Gennemsnitlig værdi Average Value	per 100 g pulver per 100 g powder	% NRV / % NRV	per portion klar til brug <sup>2</sup> per portion ready to use <sup>2</sup>	% NRV / % NRV
Energi / Energy	1600 kJ / 380 kcal		990 kJ / 235 kcal	
Fedt / Fat	7,0 g		6,0 g	
heraf mættede fedtsyrer / of which Saturates	1,3 g		3,2 g	
Kulhydrat / Carbohydrate	40 g		25 g	
heraf sukkerarter / of which Sugars	29 g		21 g	
Fiber / Fibre	9,0 g		2,9 g	
Protein	30 g		18 g	
Salt	0,68 g		0,50 g	
Calcium	470 mg	59	430 mg	54
Phosphor / Phosphorus	430 mg	61	350 mg	50
Kalium / Potassium	890 mg	45	660 mg	33
Magnesium	330 mg	88	135 mg	36
Jern / Iron	17 mg	119	5,6 mg	40
Zink / Zinc	9,2 mg	92	3,9 mg	39
Kobber / Copper	1,2 mg	120	0,40 mg	40
Iod / Iodine	160 µg	107	60 µg	40
Selen / Selenium	74 µg	135	24 µg	44
Mangan / Manganese	2,8 mg	140	0,90 mg	45
Vitamin A	1020 µg RE	128	330 µg RE	41
Vitamin D	6,2 µg	124	2,0 µg	40
Vitamin E	15 mg α-TE	125	4,8 mg α-TE	40
Vitamin K	100 µg	133	32 µg	43
Vitamin C	93 mg	116	30 mg	38
Pantothensyre / Pantothenic Acid	5,7 mg	95	2,5 mg	42
Vitamin B <sub>6</sub>	1,8 mg	129	0,60 mg	43
Thiamin (Vitamin B <sub>1</sub> )	1,3 mg	118	0,42 mg	38
Riboflavin (Vitamin B <sub>2</sub> )	1,5 mg	107	0,80 mg	57
Niacin	19 mg NE	119	6,0 mg NE	38
Folinsyre / Folic Acid	250 µg	125	80 µg	40
Biotin	48 µg	96	20 µg	40
Vitamin B <sub>12</sub>	5,9 µg	236	2,6 µg	104

<sup>1</sup> RI (referencindtag voksne og børn over 11 år)  
NRV (percent of the daily reference intake value (adults))

<sup>2</sup> Klar til brug produkt tilberedt med 32,3 g pulver i 230 ml mælk (1.5 % fedt) /  
ready-to-use product prepared with 32.3 g of powder in 230 ml of milk (1.5 % fat)

Patenteret / Patented

**LOVPLIGT TEKST:** Bemærk venligst at det er vigtigt at sørge for en varieret og afbalanceret kost og en sund livsstil. Det er vigtigt at opretholde et tilstrækkeligt dagligt væskeindtag under kuren (minimum 2 liter væske uden energi per dag). Produktet er kun nyttigt til den beregnede anvendelse som del af en energifattig diæt. Andre fødevarer er en nødvendig del af denne diæt. For at opnå den påståede effekt bør to af dagens vigtigste måltider erstattes med måltidsudskiftninger dagligt.

**CAUTION:** Please note that it is important to ensure a varied and balanced diet and a healthy lifestyle. It is important to maintain an adequate fluid intake during the diet (minimum 2 liters of energy-free fluids per day). The product is useful for the intended use only as part of an energy-restricted diet. Other foodstuffs are a necessary part of this diet. In order to achieve the claimed effect, two of the main daily meals should be substituted with meal replacements daily.

**DK ZUTATEN:** Skummetælkspulver, mælkeprotein, sukker, sojalepulp (sojale, maltodextrin), mælkeprotein, emulgator (sojalecithin), antioxidant (fedtsyrerester af askorbinsyre, alfatohocorol), fortykelsesmidler (guar gummi, pectin), valleprotein, maltodextrin, naturlig aroma, magnesiumcarbonat, inulin, rødbedepulver (rødbedesaft, koncentrat, maltodextrin, surhedsregulator (citronsyre)), blåbærspulver (blåbær, stivelse, emulgator (sojalecithin)), grønne kaffebønner ekstrakt, bananpulver, kaliumcitrat, havrefiber, hvedefibre, grøn maté-ekstrakt (maté-ekstrakt, maltodextrin), nældeekstrakt (nældeekstrakt, maltodextrin), acid (vinsyre), sødemiddel (steviolglykosider fra stevia), naturlig smag, hyldebærsaft koncentratpulver (maltodextrin, hyldebærsaft koncentrat, salt, vitamin C, papayapulver (maltodextrin, papaya-puree), natriumhydrogencarbonat, sodiumhydrogenphosphat, ferridiphosphat, zinkgluconat, anaraspulver (bærstoffer fra ananas, maltodextrin), selenberiget gær, manganlucconat, niacin, vitamin E, kobbergluconat, pantothensyre, vitamin B<sub>6</sub>, vitamin B<sub>12</sub>, vitamin B<sub>1</sub>, vitamin A, folinsyre, kaliumiodid, vitamin K, biotin, vitamin D, vitamin B<sub>2</sub>.)  
**Glutenfri**

**EN INGREDIENTS:** skimmed milk powder, milk protein, sugar, soy oil powder (soy oil, maltodextrin), milk protein, emulsifier (soy lecithin), antioxidant (fatty acid esters of ascorbic acid, alpha-tocopherol), thickeners (guar gum, pectin), whey protein, maltodextrin, natural flavour, magnesium carbonate, inulin, beetroot powder (beetroot juice concentrate, maltodextrin, acidity regulator (citric acid)), blueberry juice powder (blueberries juice, starch, emulsifier (soy lecithin)), green coffee bean extract, banana powder, potassium citrate, oat fiber, wheat fiber, green mate extract (mate extract, maltodextrin), nettle extract (nettle extract, maltodextrin), acid (tartaric acid), sweetener (steviol glycosides from stevia), natural flavour, elderberry juice concentrate powder (maltodextrin, elderberry juice concentrate), salt, vitamin C, papaya powder (maltodextrin, papaya puree), sodium hydrogen carbonate, sodium hydrogen phosphate, ferric phosphate, zinc gluconate, pineapple powder (pineapple solids, maltodextrin), selenium enriched yeast, manganese gluconate, niacin, vitamin E, copper gluconate, pantothenic acid, vitamin B<sub>6</sub>, vitamin B<sub>12</sub>, vitamin B<sub>1</sub>, vitamin A, folic acid, potassium iodide, vitamin K, biotin, vitamin D, vitamin B<sub>2</sub>.)  
**Gluten free**

<sup>1</sup> Erstattes to daglige hovedmåltider af en energifattig diæt med måltidsersatninger, bidrager dette til et vægttab. Substituting two of the main daily meals of an energy restricted diet with meal replacements contributes to weight loss.

FitLine®

# ProShape



Serveingsuggestion  
Dietation suggestion

420 g e

er lig med 13 portioner hver med 32,3 g pulver  
equals 13 portions each with 32,3 g powder

Fremragende produktkvalitet i overensstemmelse med international standard for god fremstillingspraksis (GMP).  
Excellent product quality according to international GMP standards.

Bestil for udgangen af og partnummer: Se dæksens bund. Opbevares tørt og køligt.  
Best before end and Lot No.: see bottom of can. Store in a cool, dry place.

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Tilberedning (følg venligst nøje):

Preparation (please observe carefully):

**DK TILBEREDNING:** Tilbered 2 skefulde (32,3 g) i 230 ml mælk (1.5 % fedt)

med en shaker eller mixer.

**ANBEFALING:** Erstat 1-2 måltider om dagen, hvert med 1 shake.

1 shake= 1 måltid.

**EN PREPARATION:** Prepare around 2 slightly heaped measuring spoons (32.3 g)

of powder in 230 ml of milk (1.5 % fat) with a shaker or mixer.

**RECOMMENDATION:** Replace 1-2 meals a day, each by 1 shake.

1 shake = 1 meal.